

**GYM SCHEDULE - 2024 - July 15th - July 21st**

K I N G  A L E X A N D E R  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-12:00PM	5:30AM-12:00PM	5:30AM-12:00PM	5:30AM-12:00PM	5:30AM-9:00AM OPEN GYM	7:00AM-11:00AM	UPDATED: 7/15/2024
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	9:00AM-11:00AM PICKLEBALL ALL LEVELS	PICKLEBALL	
	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball/OPEN GYM	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	11:00AM-1:00PM	1:00PM-3:00PM
	2:00PM-5:30PM	2:00PM-5:30PM	2:00PM-5:30PM	2:00PM-5:30PM	2:00PM-7:00PM	*Y closes at 1:00pm	PICKLEBALL
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		ALL LEVELS 3:00PM-5:00PM
5:30PM-8:00PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS *Y closes at 8:00pm	6:00PM-8:00PM OPEN GYM *Y closes at 8:00pm	5:30PM-8:00PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS *Y closes at 8:00pm	5:30PM-8:00PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS *Y closes at 8:00pm	5:30PM-8:00PM PICKLEBALL *Y closes at 7:00pm		OPEN GYM *Y closes at 5:00pm	

E D W A R D S  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-1:00PM	5:30AM-7:00AM OPEN GYM	5:30AM-1:00PM	5:30AM-1:00PM	7:00AM--9:00AM OPEN GYM	
	7:00AM-8:00AM BOOTCAMP CLASS		7:00AM-8:00AM BOOTCAMP CLASS			9:00AM-11:00AM Pickleball	
	8:00AM-1:00PM OPEN GYM	OPEN GYM	8:00AM-12:00PM OPEN GYM	OPEN GYM	OPEN GYM	11:00AM-1:00PM OPEN GYM	
			12:00PM-1:00PM HIIT FITNESS CLASS			*Y closes at 1:00pm	1:00PM-5:00PM
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL	1:00PM-3:00PM PICKLEBALL ALL LEVELS		OPEN GYM
	3:00PM-4:00PM OPEN GYM	3:00PM-6:00PM OPEN GYM	3:30PM-8:00PM		3:00PM-5:30PM OPEN GYM		
	6:00-8:00PM TAE KWON DO	6:00PM-8:00PM FUTSAL REC	OPEN GYM	6:00PM-8:00PM FUTSAL REC	5:30 PM-7:00 PM PICKLEBALL *Y closes at 7:00pm		*Y closes at 5:00pm
8:00PM OPEN GYM *Y closes at 8:00pm	*Y closes at 8:00pm	*Y closes at 8:00pm	*Y closes at 8:00pm				

F I S H E R  G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM-8:45AM OPEN GYM	
	7:00AM-9:00AM CAMP	7:00AM-9:00AM CAMP	7:00AM-9:00AM CAMP	7:00AM-9:00AM CAMP	7:00AM-9:00AM CAMP	8:45AM-11:30AM Open Basketball	
	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	9:00AM-11:00AM PICKLEBALL ALL LEVELS	9:00AM-11:00AM PICKLEBALL BEGINNER LEVEL	11:30AM-12:30PM One on One Basketball/ half gym	1:00PM-3:30PM PICKLEBALL ALL LEVELS 3:30PM-4:30PM One on One Basketball/ half gym
	11:00AM-1:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-11:00PM OPEN GYM	11:00AM-1:00PM OPEN GYM	12:00PM-1:00PM Open Gym *Y closes at 1:00pm	
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:30PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS		4:00PM-5:00PM OPEN GYM *Y closes at 5:00pm
	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM		
	4:00PM-5:00PM CAMP	4:00PM-5:00PM CAMP	4:00PM-5:00PM CAMP	4:00PM-5:00PM CAMP	4:00PM-5:00PM CAMP		
	5:00PM-8:00PM OPEN GYM *Y closes at 8:00pm	5:30PM-6:00PM OPEN GYM 6:00PM-8:00PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS *Y closes at 8:00pm	5:00PM-8:00PM OPEN BASKETBALL *Y closes at 8:00pm	5:00PM-8:00PM OPEN GYM *Y closes at 8:00pm	5:00PM-7:00PM One- One Basketball Training *Y closes at 7:00pm		

*Specific Dates/Events*

SCHEDULE SUBJECT TO CHANGE