

GYM SCHEDULE - 2024 - January 20th- January 31st

K I N G A L E X A N D E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	UPDATED 01/16/2025
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-1:00PM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	12:00PM-2:00PM Adult Basketball Open Gym	12:00PM-2:00 PM ADULT BASKETBALL MEMBERS ONLY NO GUESTS	*Y closes at 1:00pm	1:00PM-3:00PM
	2:00PM-5:30PM	2:00PM-3:00PM	2:00PM-5:30PM	2:00PM-5:30PM	2:00PM-7:00PM		OPEN GYM
	5:30PM-7:30PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS	3:00PM-5:00PM Young Life Basketball	OPEN GYM	OPEN GYM	OPEN GYM		ALL LEVELS 3:00PM-5:00PM
7:30PM-9:00PM	5:00PM-9:00PM PICKLEBALL INTERMEDIATE/ADVANCED LEVELS	5:30PM-9:00PM	5:00PM-9:00PM	*Y closes at 7:00pm		*Y closes at 5:00pm	
OPEN GYM *Y closes at 9:00pm	OPEN GYM *Y closes at 9:00pm	CORPORATE BASKETBALL *Y closes at 9:00pm	OPEN GYM *Y closes at 9:00pm				

E D W A R D S G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-1:00PM	5:30AM-7:00AM OPEN GYM	5:30AM-1:00PM	5:30AM-1:00PM	7:00AM-11:00AM	
	7:00AM-8:00AM BOOTCAMP CLASS		7:00AM-8:00AM BOOTCAMP CLASS			PICKLEBALL	
	8:00AM-1:00PM OPEN GYM		8:00AM-12:00PM OPEN GYM			11:00AM-1:00PM	
	1:00PM-4:30 PM OPEN GYM			OPEN GYM		OPEN GYM	
	4:30PM-5:30PM Basketball Rental		12:00PM-1:00PM HIIT FITNESS CLASS			*Y closes at 1:00pm	1:00PM-3:00PM
	5:30PM-6:00PM OPEN GYM	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS		PICKLEBALL
	6:00-8:00PM TAE KWON DO	3:00PM-6:00PM OPEN GYM	3:00PM-9:00PM	3:00PM-6:00PM OPEN GYM	3:00PM-5:30PM OPEN GYM		ALL LEVELS 3:00PM-5:00PM
	8:00PM-9:00PM OPEN GYM *Y closes at 9:00pm	6:00PM-8:00PM FUTSAL REC	OPEN GYM	6:00PM-8:00PM FUTSAL REC	5:30 PM-7:00 PM OPEN GYM *Y closes at 7:00pm		OPEN GYM
		8:00PM-9:00PM OPEN GYM *Y closes at 9:00pm		8:00PM-9:00PM OPEN GYM *Y closes at 9:00pm			*Y closes at 5:00pm

F I S H E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	5:30AM-7:00AM OPEN GYM	7:00AM-8:30AM OPEN BASKETBALL	
	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	7:00AM-9:00AM BEFORE AND AFTER SCHOOL PROGRAM	8:30AM-10:30AM Basketball Clinics *Pre registration required*	
	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	9:00AM-11:00AM PICKLEBALL	10:30AM-1:00PM OPEN GYM	
	BEGINNER LEVEL 11:00AM-1:00PM	ALL LEVELS 11:00AM-11:00PM	BEGINNER LEVEL 11:00AM-1:00PM	ALL LEVELS 11:00AM-1:00PM	BEGINNER LEVEL 11:00AM-1:00PM	*Y closes at 1:00pm	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		1:00PM-3:00PM PICKLEBALL ALL LEVELS
	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL CLINIC Pre Registration Required	1:00PM-3:00PM PICKLEBALL ALL LEVELS	1:00PM-3:00PM PICKLEBALL ALL LEVELS		3:00PM-5:00PM
	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM	3:00PM-5:00PM PICKLEBALL CLINIC Pre Registration Required	3:00PM-4:00PM OPEN GYM	3:00PM-4:00PM OPEN GYM		PICKLEBALL
	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	5:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM	4:00PM-5:30PM BEFORE AND AFTER SCHOOL PROGRAM		*Y closes at 5:00pm
	5:30PM-7:30PM PICKLEBALL CLINIC Pre Registration Required	5:30PM-6:15PM OPEN GYM	5:30PM-9:00PM Corporate Basketball	5:30PM-9:00PM PICKLEBALL	5:30PM-7:00PM PICKLEBALL *Y closes at 7:00pm		
	7:30PM-9:00PM PICKLEBALL	6:15PM-7:00PM SAMS CAMP					
	*Y closes at 9:00pm	7:00PM-9:00PM OPEN GYM *Y closes at 9:00pm		INTERMEDIATE/ADVANCED LEVELS *Y closes at 9:00pm			

Specific Dates/Events

NO PICKLEBALL ON WEDNESDAY NIGHTS AFTER 5:00 PM STARTING JANUARY 8th DUE TO CORPORATE BASKETBALL

Open gym is available for basketball. During Open Gym times, no additional nets (futsal, volleyball or pickleball) can be set up preventing access to the basketball

SCHEDULE SUBJECT TO CHANGE