

GYM SCHEDULE - 2024 - February 17th- February 28th

K I N G A L E X A N D E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	5:30AM-11:00AM	7:00AM-9:00AM	UPDATED 02/14/2025
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	
	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	9:00AM-11:00AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		
	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	12:00PM-2:00PM	12:00PM-2:00 PM	Volleyball Clinic	
	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS	Adult Basketball Open Gym	ADULT BASKETBALL MEMBERS ONLY NO GUESTS		1:00PM-3:00PM
	2:00PM-5:30PM	2:00PM-3:00PM	2:00PM-5:30PM	2:00PM-5:30PM	2:00PM-7:00PM	Pre Registration Required 11:00AM-1:00PM	OPEN GYM
OPEN GYM	OPEN GYM				OPEN GYM	ALL LEVELS	
5:30PM-7:30PM	3:00PM-5:00PM	OPEN GYM	OPEN GYM	OPEN GYM	ALL LEVELS	3:00PM-5:00PM	
PICKLEBALL	Young Life Basketball					OPEN GYM	
ALL LEVELS							
7:30PM-9:00PM	5:00PM-9:00PM	5:30PM-9:00PM	5:00PM-9:00PM	*Y closes at 7:00pm		*Y closes at 5:00pm	
OPEN GYM	PICKLEBALL	CORPORATE BASKETBALL	OPEN GYM				
*Y closes at 9:00pm	INTERMEDIATE/ADVANCED LEVELS *Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm				

E D W A R D S G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-1:00PM	5:30AM-7:00AM	5:30AM-1:00PM	5:30AM-1:00PM	7:00AM-11:00AM	
	OPEN GYM		OPEN GYM				
	7:00AM-8:00AM		7:00AM-8:00AM			PICKLEBALL	
	BOOTCAMP CLASS		BOOTCAMP CLASS				
	8:00AM-1:00PM		8:00AM-12:00PM	OPEN GYM		11:00AM-1:00PM	
	OPEN GYM	OPEN GYM			OPEN GYM		
	1:00PM-4:30 PM		OPEN GYM			OPEN GYM	
	OPEN GYM			1:00PM-3:00PM			
	4:30PM-5:30PM		12:00PM-1:00PM	PICKLEBALL		*Y closes at 1:00pm	1:00PM-3:00PM
Basketball Rental		HIIT FITNESS CLASS	ALL LEVELS				
5:30PM-6:00PM	1:00PM-3:00PM	1:00PM-3:00PM	3:00PM-4:30PM	1:00PM-3:00PM		PICKLEBALL	
OPEN GYM	PICKLEBALL	PICKLEBALL	OPEN GYM	PICKLEBALL			
	ALL LEVELS	ALL LEVELS		ALL LEVELS		ALL LEVELS	
	3:00PM-6:00PM	3:00PM-9:00PM	4:30PM-5:15PM	3:00PM-5:30PM		3:00PM-5:00PM	
	OPEN GYM		PE at The Y	OPEN GYM			
6:00-8:00PM	6:00PM-8:00PM	OPEN GYM	Pre Registration Required 5:15PM-6:00PM	5:30 PM-7:00 PM		OPEN GYM	
TAE KWON DO	FUTSAL REC		OPEN GYM	1 on 1 Basketball in Half of Gym Other Half is Open			
			5:15PM-6:00PM	*Y closes at 7:00pm			
8:00PM-9:00PM	8:00PM-9:00PM		8:00PM-9:00PM			*Y closes at 5:00pm	
OPEN GYM	OPEN GYM		OPEN GYM				
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm				

F I S H E R G Y M	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	5:30AM-7:00AM	7:00AM-8:30AM	
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN BASKETBALL	
	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	7:00AM-9:00AM	8:30AM-10:30AM	
	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	Basketball Clinics	
						Pre registration required	
						10:30AM-11:30PM	
	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	9:00AM-11:00AM	OPEN GYM	
	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL		
	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL	ALL LEVELS	BEGINNER LEVEL		
	11:00AM-1:00PM	11:00AM-11:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:00AM-1:00PM	11:30AM-1:00PM	1:00PM-3:00PM
	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		PICKLEBALL
						1 on 1 Basketball in Half of Gym	ALL LEVELS
	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM	1:00PM-3:00PM		3:00PM-5:00PM
	PICKLEBALL	PICKLEBALL	PICKLEBALL CLINIC	PICKLEBALL	PICKLEBALL		
ALL LEVELS	ALL LEVELS	Pre Registration Required	ALL LEVELS	ALL LEVELS	Other Half is Open Gym		
3:00PM-4:00PM	3:00PM-4:00PM	3:00PM-5:00PM	3:00PM-4:00PM	3:00PM-4:00PM	*Y closes at 1:00pm	PICKLEBALL	
OPEN GYM	OPEN GYM	PICKLEBALL CLINIC	OPEN GYM	OPEN GYM			
		Pre Registration Required				*Y closes at 5:00pm	
4:00PM-5:30PM	4:00PM-5:30PM	5:00PM-5:30PM	4:00PM-5:30PM	4:00PM-5:30PM			
BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM	BEFORE AND AFTER SCHOOL PROGRAM			
5:30PM-7:30PM	5:30PM-6:00PM	5:30PM-9:00PM	5:30PM-9:00PM	5:30PM-7:00PM			
PICKLEBALL CLINIC	OPEN GYM			PICKLEBALL			
	6:00PM-7:00PM	Corporate Basketball	PICKLEBALL	*Y closes at 7:00pm			
Pre Registration Required	SAMS CAMP						
7:30PM-9:00PM	7:00PM-9:00PM						
PICKLEBALL	OPEN GYM						
*Y closes at 9:00pm	*Y closes at 9:00pm	*Y closes at 9:00pm	INTERMEDIATE/ADVANCED LEVELS *Y closes at 9:00pm				

Specific Dates/Events

NO PICKLEBALL ON WEDNESDAY NIGHTS AFTER 5:00 PM STARTING JANUARY 8th DUE TO CORPORATE BASKETBALL

Open gym is available for basketball. During Open Gym times, no additional nets (futsal, volleyball or pickleball) can be set up preventing access to the basketball

SCHEDULE SUBJECT TO CHANGE